

Y6	PSHE Scheme of Work	
Key Skills in PSHE-Y6	Useful resources, websites etc	Key messages for teachers
<p><u>Being Me in My World</u> (Autumn 1)</p> <ul style="list-style-type: none"> Identifying goals for the year Global citizenship Children’s universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling <p><u>Celebrating Difference</u> (Autumn 2)</p> <ul style="list-style-type: none"> Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Difference as conflict, difference as celebration Empathy <p><u>Dreams and Goals</u> (Spring 1)</p> <ul style="list-style-type: none"> Personal learning goals, in and out of school Success criteria 	<p>Refer to Jigsaw folder (one per class) for lessons, assessment, resources to photocopy</p> <p>Resource list supplied in Jigsaw files and may contain certain books/video clips</p> <p>Staff Shared contains a ‘Jigsaw’ folder where PowerPoints can be accessed for lessons</p> <p>Soft toy Jigsaw Piece (one per class) for use in lessons and circle time activities</p> <p>Chime bar (one per class) can be used in ‘Calm me’ sessions</p> <p>CD of song music (one per year group and on Staff Shared) to be used in lessons</p> <p>Extensive range of books available on PSHE shelf (on Yr 6 corridor)</p> <p>Jigsaw Website: https://www.jigsawpshe.com/#welcome-to-jigsaw-pshe</p>	<p>What is PSHE?</p> <p>PSHE Education is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives – now and in the future. As part of a whole-school approach, PSHE Education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.</p> <p style="text-align: right;">From Jigsaw Programme</p> <p>Child-friendly:</p> <p>PSHE stands for Personal, Social and Health Education. Personal – all about me: why I am special, keeping myself safe and happy, know how to use and save money. Social – how I interact with my friends, family and the community: rights, respect, working together. Health – How to keep myself healthy in body and mind: knowing how to keep myself safe and have healthy relationships. All these relate to now and when I grow up too.</p>

- Emotions in success
- Making a difference in the world
- Motivation
- Recognising achievements
- Compliments

Healthy Me (Spring 2)

- Taking personal responsibility
- How substances affect the body
- Exploitation, including 'county lines' and gang culture
- Emotional and mental health
- Managing stress

Relationships (Summer 1)

- Mental health
- Identifying mental health worries and sources of support
- Love and loss
- Managing feelings
- Power and control
- Assertiveness
- Technology safety
- Take responsibility with technology use

Changing Me (Summer 2)

- Self- image
- Body image
- Puberty and feelings

Username and password needed. See K wade if something specific is needed from here please

SCARF

<https://www.coramlifeeducation.org.uk/scarf/>

- All Classes need to have Jigsaw Puzzle soft toy displayed in classrooms.
- Jigsaw Learning Charter should be created, discussed and displayed in all classrooms at the start of each new academic year.

- Conception to birth (can withdraw pupils from this lesson)
- Reflections about change
- Physical attraction
- Respect and consent
- Boyfriends/girlfriends
- Sexting
- Transition

Other Y6 PSHE Skills

Opportunity to perform in class assembly.
Opportunity to perform in Christmas play.
Opportunity to participate in Leavers' Assembly.

Skills relating to promoting any of:

School Values

Compassion

Honesty

Aspiration

Respect

Teamwork

Enthusiasm

Responsibility

Determination

AND

British Values

Democracy

The rule of law

Individual liberty

Mutual respect

Tolerance of those with different faiths and beliefs and for those without faith

Extension

May have opportunity to represent the school:

- House Captain

- Vice House Captain
- School Council Representative
- Sporting events (House and inter-school)

Personal achievements during Robin Wood experience.

Opportunity to perform in Glee Club.

Personal achievements outside of school eg swimming certificates, sporting awards, dance recognition, fund raising.

Personal circumstances eg children belong to or know of a same-sex family, children are young carers, children are in care or know of a child in care.

Children who have experience or knowledge of outside agencies due to family circumstances eg The Wish Centre.