

## FOREST SCHOOL CLOTHING GUIDE

### WHAT TO WEAR IN WINTER

- Waterproofs provided by Hedgehogs Woodland Adventures
- Base layer - thermals
- Next bottom layer - fleece or other warm tracksuit bottoms
- First top layer - long sleeve t-shirt or thin jumper
- Second top layer - fleece jumper
- Third top layer - fleece jacket
- Neck scarf
- Hat and gloves
- Two pairs of socks- one thin cotton sock, and the top, a thick wool or fluffy bed sock
- Extra Jumpers to be packed in backpack for really cold days
- Snow boots or sturdy warm outdoor boots

