

PE Curriculum



Intent, Implementation
and Impact

Intent

Longshaw Community Junior School aims to provide all children with the opportunities and resources to develop them as sportsmen and sportswomen. Our broad, high-quality PE curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way, which supports their health and fitness. It also provides opportunities to compete in sports and other activities to build character and help to embed values such as fairness and respect. Each year, opportunities for pupils to extend their knowledge, skills and experience are delivered through carefully planned additional events, visitors and workshops. These include:

- Fixtures/events/competitions within the local school cluster with pupils representing Longshaw Juniors in a range of sporting activities and competitions.
- SEND pupils representing Longshaw Juniors at sporting fixtures/events

At Longshaw, we strive to achieve a School Sports Mark Platinum Award. Pupils are given every opportunity to develop into confident learners who understand the importance of health and fitness, fairness, respect and develop their abilities to their full potential.

Implementation

Curriculum

We aim to provide a well-balanced curriculum, which covers the statutory requirements in the PE National Curriculum. Pupils engage in two hours of high-quality PE during the course of each week. Our pupils will apply and develop a range of skills and follow units of work covering the following:

- **Invasion Games**
- **Net and Wall Games**
- **Dance**
- **Gymnastics**
- **Outdoor Adventure Activities (OAA)**
- **Striking and Fielding**
- **Athletics**
- **Swimming**

We use the PE Passport for our curriculum delivery. This enables all pupils to access the lesson objectives and excel at an age-appropriate level. The progressive skill-based scheme of work ensures that all pupils are increasingly challenged as they move up through the school. Pupils' skills are continually reviewed and assessed so that the progress of the pupils is monitored and that needs of the individual are met.

Swimming and Water Safety

We endeavour for all our pupils at Longshaw Juniors to be competent, proficient and confident swimmers over a distance of at least 25 metres by the end of KS2. Pupils should be able to use a range of strokes effectively and perform safe self-rescue in different water-based situations. Pupils are given the opportunity to receive swimming provision across school.

Extra-Curricular

To provide our children with opportunities they may not seek outside of school, a broad range of extra-curricular clubs are provided for children in our school. To target the demographic of our school, clubs are available before, during and after school. Children are encouraged to join these clubs.

Impact

At Longshaw, we aspire for children to enjoy PE and develop a love of sport and physical activity, which becomes part of their future life outside of primary school. We ensure that our PE curriculum is progressive and allows children to develop fundamental skills meaning pupils will have the confidence to apply these skills to a wide range of activities and sports. Our pupils will gain a greater understanding of the importance of sport and physical activity at all stages within the school. They will have a greater understanding of the benefits of sport and physical activity on health and fitness and wellbeing leading healthy, active lives.