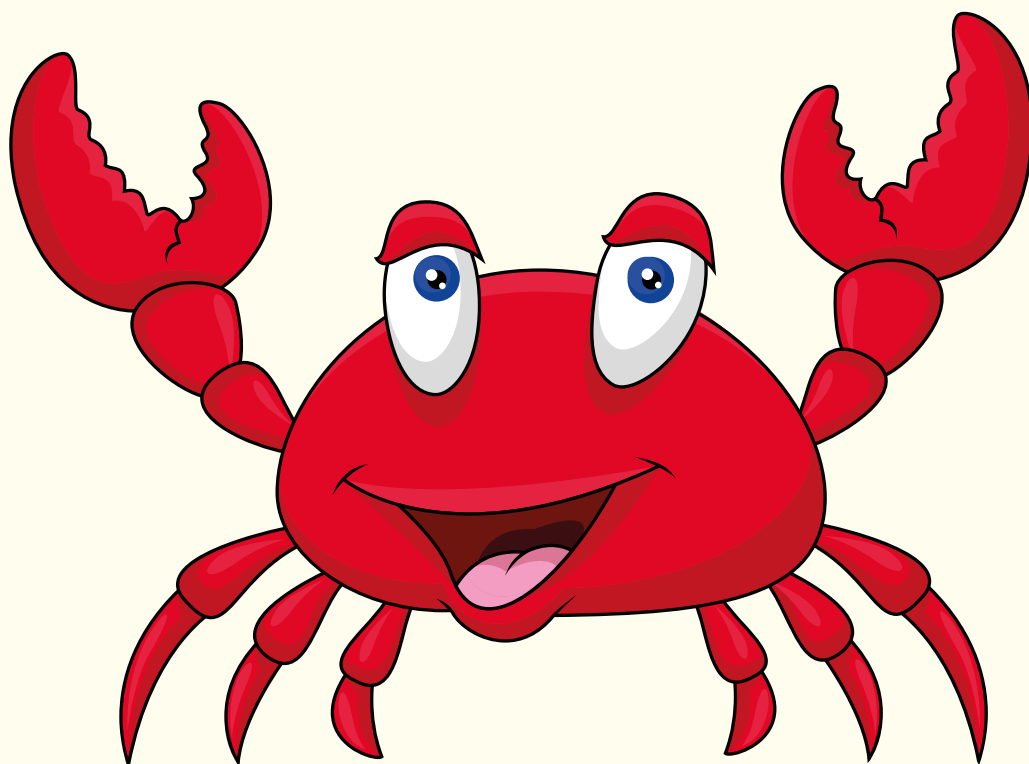


**KEVIN THE KANGAROO SAYS:
“JUMP UP AND DOWN.”**



Two-footed standing jump
with waving arms.

**COLIN THE CRAB SAYS:
“WALK SIDeways.”**



Take side steps one way,
then the other.

**FRAN THE FLAMINGO SAYS:
“STAND ON ONE LEG AND
NOW THE OTHER LEG.”**



*Balance on left foot, then
balance on right foot.*

**CHARLIE THE CAT SAYS:
“STRETCH UP AS FAR
AS YOU CAN.”**



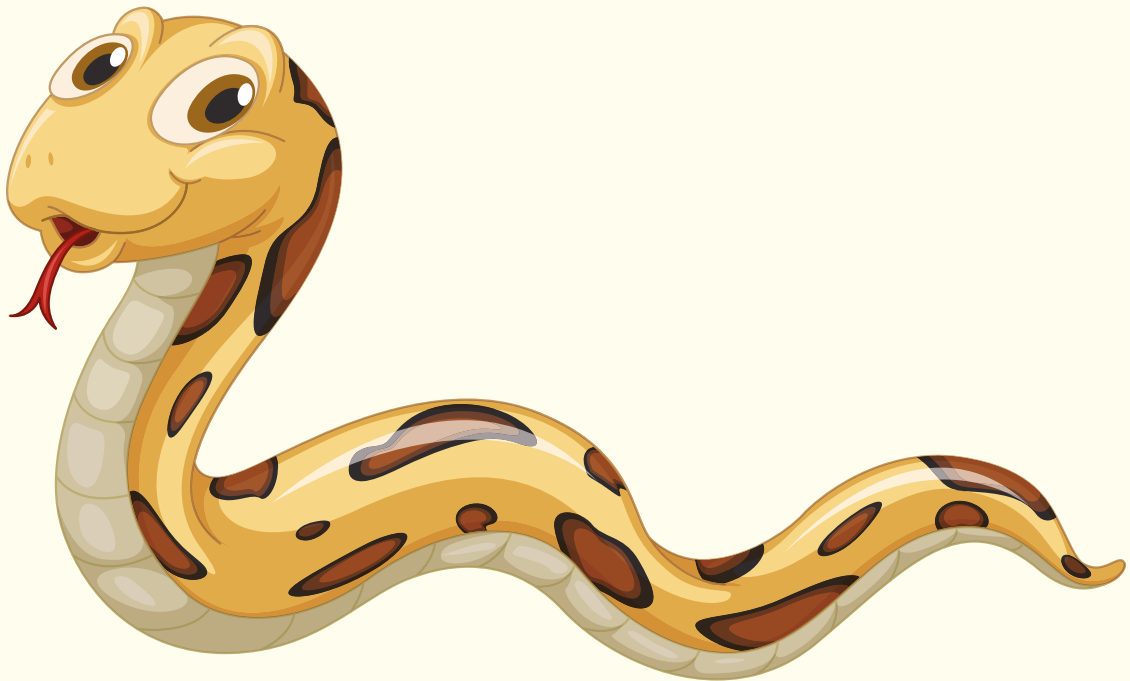
Stretch up and try and
touch the ceiling.

**CORA THE COW SAYS:
“MILK A COW.”**



*Move arms up and
down in milking action.*

**SACHA THE SNAKE SAYS:
“SLITHER ALONG
THE FLOOR.”**



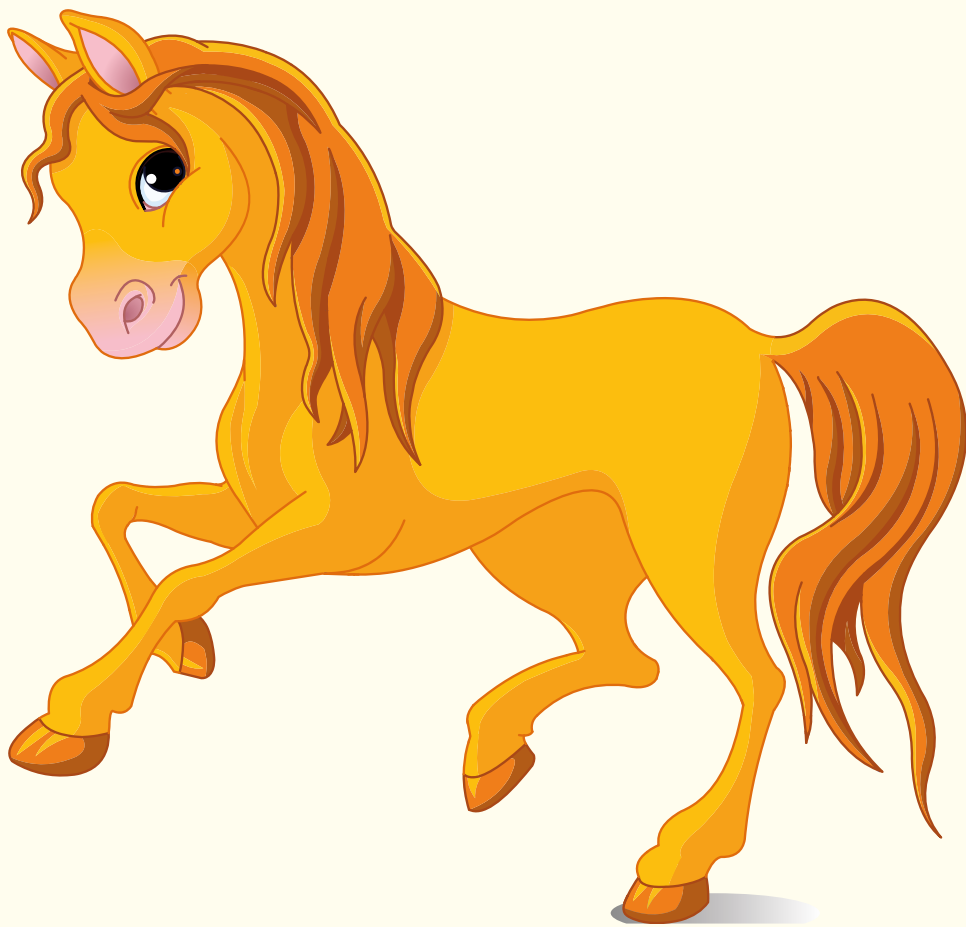
Lie down and wriggle
along the floor.

**BORIS THE BEAR SAYS:
“WALK ON ALL FOURS.”**



Move around on
hands and feet.

**HANS THE HORSE SAYS:
“TROT AROUND THE
ROOM. NOW GALLOP.”**



*Jog, lifting knees high
then run faster.*

**OLGA THE OSTRICH SAYS:
“TAKE GREAT BIG STEPS.”**



Take long *strides*
around the room.

**ENOCH THE ELEPHANT SAYS:
“LIFT ME UP.”**



Pretend to lift up
a heavy object.

**FINN THE FROG SAYS:
“HOP UP AS HIGH
AS YOU CAN.”**



Hop on one leg,
then on the other leg.

**PEDRO THE PUPPY SAYS:
“CHASE YOUR TAIL
ROUND AND ROUND.”**



*Spin around
on the spot.*

**PIPPA THE PENGUIN SAYS:
“WADDLE FROM
SIDE TO SIDE.”**



*Stand straight and tilt
from left to right.*

**BILLY THE BLACKBIRD SAYS:
“FLAP YOUR ARMS
UP AND DOWN.”**



Raise arms up and down,
palms facing down.